**CCS Physical Education**

**Middle and High School Scheduling**

**And**

**Course Selections**

**Middle School**

1. 8th grade students can be enrolled in two separate physical education high school courses, PE 1 .25 HS graduating credit and Physical Education: Sport Education 1.2, .25 P.E. HS elective credit, Grades 8-12.
2. Physical Education 2, (.25 HS Graduating Credit) can only be offered for grades 9-12.
3. All 6th grade students must be enrolled in Physical Education 6.1 so they can participate in the Ohio Department of Education Physical Education Evaluation. After 6th grade students who complete PE 6.1 can be enrolled in 6.2 and 6.3 in that order.
4. The length of MS PE courses can be completed by having students attend one period per day for a 9 week course up to every day for the entire school year, (not including Physical Education 1 or Sport Education 1.2, which requires a minimum of 60 hours for the ¼ HS graduating credit).
5. Physical Education 1 and Sport Education 1.2 are optional HS credit courses for 8th grade students.

**High School**

1. Not all MS students are not necessarily taking Physical Education 1, (.25 HS graduating credit) while in the 8th grade. Therefore high schools must provide these graduation course requirements within their master schedule.
2. All high school students (except for students that are eligible to receive the Physical Education Waiver (per BOE Policy 5181.1) are required to receive Physical Education 2 where they will participate in the Ohio Department of Education Physical Education Evaluation.
3. High school students can be enrolled in Physical Education: Sport Education 1.2 for a ¼ high school elective credit once they have completed PE 1 and PE 2.
4. The length of Physical Education 1, 2, and Physical Education: Sport Education 1.2 the can be completed by attending one period per day for a minimum of one semester, (60 hours at a minimum for the ¼ HS graduating credit).
5. Physical Education 1, 2, and Physical Education: Sport Education 1.2 should not be scheduled for the same teacher during the same period, (e.g., enrolling PE 1 and PE 2 students in the same class section for the same physical educator).

**Physical Education Offerings for MS and HS:**

* 1. 6th grade students can be enrolled in:

-PE 6.1, 6.2, or 6.3 consecutively.

* 1. 7th grade students can be enrolled in:

-PE 7.1, 7.2, and 7.3 consecutively.

* 1. 8th grade students can be enrolled in:

-PE 8.1, PE Sport Education 1.2 and PE 1 consecutively.

* 1. 9-12 can be enrolled in:

-PE 1, PE 2, and PE Sport Education 1.2 consecutively

PHYSICAL EDUCATION 6.1

Grade 6

Students will perform ***basic*** skills and tactics that are developmentally appropriate in at least one activity from the following categories of sport: invasion games, net/wall games, fielding/run-scoring games, and/or target games. Students will successfully participate in sport demonstrating skills of the game and applying the tactics, knowledge and concepts of the game. In addition, all students are required to take 6th grade PE and will participate in the Ohio Department of Education Physical Education Evaluation. Length of course can be completed by having students attend one period per day for a 9 week course up to everyday for the entire school year.

PHYSICAL EDUCATION FITNESS FOR LIFE 6.2

Grade 6

Students will perform more ***advanced*** skills and tactics that are developmentally appropriate for 6th grade students in at least one activity from the following categories of sport: invasion games, net/wall games, fielding/run-scoring games, and/or target games. Students will successfully participate in sport demonstrating skills of the game and applying the tactics, knowledge and concepts of the game. Physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the tactical games of understanding approach model. In addition, physical educators will supplement this course with implementing Chapters 1-3 in the adopted Fitness For Life Middle School text book, (Chapters 4-9 are optional). Length of course can be completed by having students attend one period per day for a 9 week course up to everyday for the entire school year.

Prerequisite: Physical Education 6.1

PHYSICAL EDUCATION SPORT EDUCATION 6.3

Grade 6

Students in grade 6 will develop knowledge and perform in realistic context that involves a series of ***basic*** consecutive lessons and contains pre-season activities, practice, and competition that is developmentally appropriate for 6th grade students. Students will become members of a team for the duration of the season and will assume roles of a coach, manager, statistician, and other roles that would make up a sports organization. Physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the Sports Education model. Length of course can be completed by having students attend one period per day for a 9 week course up to everyday for the entire school year.

Prerequisite: Physical Education 6.1 and/or 6.2

PHYSICAL EDUCATION 7.1

Grade 7

Students will perform ***basic*** skills that are developmentally appropriate for students in 7th grade in at least one activity from the following categories of sport: invasion games, net/wall games, fielding/run-scoring games, and/or target games. Students will successfully participate in sport demonstrating skills of the game and applying the tactics, knowledge and concepts of the game. In addition, physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the tactical games of understanding approach model. Length of course can be completed by having students attend one period per day for a 9 week course up to everyday for the entire school year.

Prerequisite: Physical Education 6.1

PHYSICAL EDUCATION FITNESS FOR LIFE 7.2

Grade 7

Students will perform more ***advanced*** skills and tactics that are developmentally appropriate for 7th grade students in at least one activity from the following categories of sport: invasion games, net/wall games, fielding/run-scoring games, and/or target games. Students will successfully participate in sport demonstrating skills of the game and applying the tactics, knowledge and concepts of the game. Physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the tactical games of understanding approach model. In addition, physical educators will supplement this course with implementing Chapters 4-6 in the adopted Fitness For Life Middle School text book, (Chapters 1-3 and 7-9 are optional). Length of course can be completed by having students attend one period per day for a 9 week course up to everyday for the entire school year.

Prerequisite: Physical Education Fitness For Life 7.1

PHYSICAL EDUCATION SPORT EDUCATION 7.3

Grade 7

Students in grade 7 will develop knowledge and perform in realistic context that involves a series of ***basic/advanced*** consecutive lessons and contains pre-season activities, practice, and competition that is developmentally appropriate for 7th grade students. Students will become members of a team for the duration of the season and will assume roles of a coach, manager, statistician, and other roles that would make up a sports organization. Physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the Sports Education model. Length of course can be completed by having students attend one period per day for a 9 week course up to everyday for the entire school year.

Prerequisite: Physical Education 7.1 and/or 7.2

PHYSICAL EDUCATION FITNESS FOR LIFE 8.1

Grade 8

Students will perform ***advanced*** skills that are developmentally appropriate for 8th grade students in at least one activity from the following categories of sport: invasion games, net/wall games, fielding/run-scoring games, and/or target games. Students will successfully participate in sport demonstrating skills of the game and applying the tactics, knowledge and concepts of the game. In addition, physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the tactical games of understanding approach model. In addition, physical educators will supplement this course with implementing Chapters 7-9 in the adopted Fitness For Life Middle School text book, (Chapters 1-6 are optional). Length of course can be completed by having students attend one period per day for a 9 week course up to everyday for the entire school year.

Prerequisite: Physical Education 7.1 7.2 and/or 7.3

PHYSICAL EDUCATION: SPORT EDUCATION 1.2 .25 P.E. HS Elective credit

Grade 8-12

Students in grades 8-12 will develop knowledge and perform in realistic context that involves a series of consecutive lessons and contains ***innovative*** pre-season activities, practices, and competition ***which culminates in a season final festivity***. Students will become members of a team for the duration of the season and will assume roles of a coach, manager, statistician, and other roles that would make up a sports organization. Physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the Sports Education model. Length of course can be completed by having students attend one period per day for one semester up to everyday for the entire school year, (60 hours at a minimum for the ¼ HS Elective credit).

Prerequisite: Physical Education 1 and Physical Education Fitness For Life 8.1.

PHYSICAL EDUCATION 1 280001 .25 P.E. 1 HS Graduating credit

Grades 8-10

Students will develop knowledge of fitness benefits and principles; self-management, self-assessment, and goal setting skills to help students develop their own personal fitness plan. Physical Education I is specifically designed to help students become better independent decision makers relative to their fitness and exercise habits. This course implements the adopted text book, Fitness For Life to supplement the curriculum, and uses the Ohio Department of Education Evaluation as a guide for the standards, benchmarks and rubrics. Length of course can be completed by having students attend one period per day for one semester up to everyday for the entire school year, (60 hours at a minimum for the ¼ HS graduating credit).

Prerequisite: NA

PHYSICAL EDUCATION 2 280101 .25 P.E. 2 HS Graduating credit

Grades 9-12

Students will perform ***advanced*** skills that are developmentally appropriate for students in grades 9-12 in at least one activity from the following categories of sport: invasion games, net/wall games, fielding/run-scoring games, and/or target games. Students will successfully participate in sport demonstrating skills of the game and applying the tactics, knowledge and concepts of the game. In addition, all students taking PE II will participate in the Ohio Department of Education Physical Education Evaluation. Length of course can be completed by having students attend one period per day for one semester up to everyday for the entire school year, (60 hours at a minimum for the ¼ HS graduating credit).

Prerequisite: Physical Education 1

PHYSICAL EDUCATION: SPORT EDUCATION 1.2 .25 P.E. HS Elective credit

Grade 8-12

Students in grades 9-12 will develop knowledge and perform in realistic context that involves a series of consecutive lessons and contains ***innovative*** pre-season activities, practices, and competition ***which culminates in a season final festivity***. Students will become members of a team for the duration of the season and will assume roles of a coach, manager, statistician, and other roles that would make up a sports organization. Physical educators will use the Ohio Department of Education Physical Education Evaluation as a guide by implementing the standards, benchmarks and rubrics aligned with the Sports Education model. Length of course can be completed by having students attend one period per day for one semester up to everyday for the entire school year, (60 hours at a minimum for the ¼ HS Elective credit).

Prerequisite: Physical Education 1 and 2.